Nobel Laureate
Presents Latest Awards to C N Yang Archive

Prof. Yang Chen Ning, Nobel laureate in physics and Distinguished Professor-at-Large of the University, presented his latest medal — the 2001 King Faisal International Prize for Science, to the University. Set up by the King Faisal International Foundation of Saudi Arabia, the prize ranks prominently among the world’s most prestigious awards. Prof. Yang also presented to the University the certificate and medal for the Academician Pontificium award, which Pope John Paul II bestowed on him in 2000. The presentation ceremony took place on 11th April in Cho Yiu Hall, with Prof. Arthur K.C. Li representing the University to receive the gifts from Prof. Yang.

These items are the latest additions to the collection of Prof. Yang’s medals, awards, and manuscripts in the C.N. Yang Archive of the University. The archive was set up in 1999 and is a unique and valuable resource for historians studying Prof. Yang’s life and work, and for students of physics interested in knowing more about his contribution to science.

Poetry Reading to Celebrate
UN’s Year of Dialogue

Thirty Hong Kong-based poets from veterans to emerging talent participated in a bilingual programme organized by the Research Centre for Translation and Shaw College as part of a series of programmes of a United Nations literary project. The year 2001 was designated by the United Nations General Assembly as the United Nations Year of Dialogue Among Civilizations, with the aim of fostering tolerance, respect, and cooperation among peoples. Initiated by the UN Society of Writers, a series of literary programmes were organized in major cities around the world under the umbrella project ‘Dialogue Among Civilizations Through Poetry’. The highlight was a series of over 240 poetry readings which took place in different countries in the last week of March 2001. The programme in Hong Kong was held in two sessions, which took place respectively on 28th March at the Hong Kong Space Museum, and on 31st March at the Shaw College Lecture Theatre.

New Eye Drop to the Rescue from Myopia

The Department of Ophthalmology and Visual Sciences of the University is currently evaluating the ability of a new eye drop to prevent the progression of myopia in children. This is part of a multi-centre study involving eye centres in the US and four Asian countries.

The new eye drop is a selective agent which works mainly on the scleral fibrous tissue of the eye and has been safely used in countries including Germany, Japan, England, and Canada for up to 20 years as a treatment for gastric ulcers and stomach distress, according to Prof. Dennis Lam Shun-chiu, chair of the Department of Ophthalmology and Visual Sciences. Tolerance and safety clinical trials have been conducted on the new treatment for myopia in the US with good results. A large-scale multi-national study on its safety and efficacy is now underway.

A previous study conducted by the department has found an alarming prevalence of short-sightedness among secondary school students in Hong Kong. Fifty-five per cent of Secondary 1 students screened suffered from it. The highest prevalence was in Secondary 7 at close to 81 per cent. Other studies also found that the percentage of myopia leaped from 3 per cent in pre-schoolers to 36 per cent in primary school pupils, and 92 per cent in university students.

Chemistry Professor Awarded
Croucher Senior Research Fellowship

Prof. Chi Wu, professor of chemistry, was awarded a Croucher Senior Research Fellowship for 2001–2 at a presentation ceremony held on 29th March 2001.

The winners of the fellowship were selected after a rigorous selection process. Leading experts in the international scientific community were recruited to assess the candidates and recommend their choices to the trustees of the Croucher Foundation. The trustees’ evaluation of each nomination took into account the proposed programme of research work, the urgency in each case in requiring release for an extended period for full-time research, and other relevant resource factors.

The Croucher Foundation pays to the University the salary of a replacement teacher to stand in for Prof. Wu when he engages in full-time research in 2001–2, and a HK$40,000 cash award to Prof. Wu.

Hong Kong Not Yet Ready for an Ageing Population

A study conducted by the University’s School of Continuing Studies and the University of New England in Australia reveals that Hong Kong’s aged care workforce may not be large enough, or may not have the necessary skills to care for the territory’s rapidly ageing population.

According to the 1996 census, those aged 75 years or above represented 3.7 per cent of the population and this figure is projected to exceed 5 per cent by 2006. This population growth will require significant changes in the infrastructure of Hong Kong’s health care provision.

The study surveyed 650 health and welfare professionals and personal care workers in Hong Kong and found that there are major challenges ahead for them.

While unlike the case in many Western countries, Hong Kong’s health professionals and personal care workers value working with older people, only a third of them had specialized aged care training or qualification. A vast majority expressed an interest in obtaining specialized postgraduate education in gerontology so that they could provide better services to the elderly clients.

The survey report recommended, among other things, the development of innovative programmes for gerontological training, and the creation of strategies for recruiting and retaining all categories of aged care workers.
HK Youngsters Learn Thin Is Beautiful from the Media

Clinical statistics gathered over the last 15 years by the Department of Psychiatry and the Hong Kong Eating Disorders Centre indicate a 25-fold increase in the prevalence of patients with eating disorders. Most of them sought help between 11 to 18 years of age. Patients are also getting younger over the years, with the youngest being only 10 years old. Eating disorders are increasing in male adolescents as well.

To assess whether the constant portrayal of slim images in the media has contributed to this surge in eating disorders among the youngsters, the Hong Kong Eating Disorders Centre conducted a large-scale survey to explore the effects of the media on the body image of primary school children in February 2001. Of the 617 male and female students evaluated, only five per cent were truly overweight, yet over 40 per cent desired to be slimmer and close to 20 per cent had actually tried dieting to lose weight. Over 20 per cent wanted to look like the stars they saw on television.

Department of Nursing Walk for a Good Cause

Among a hundred people, including staff, students, and alumni of the Department of Nursing and the Faculty of Medicine, and nursing leaders from local hospitals, participated in a fundraising walkathon organized by the Department of Nursing in conjunction with the CUHK Nursing Alumni Association on 31st March 2001 on campus. The event was held in celebration of the department's tenth anniversary and to raise funds for setting up academic prizes for nursing students. The department has received more than HK$20,000 in donations and more is coming in.

New Research Institute with Focus on Shanghai and Hong Kong: Complementary and Competitive Sibling Cities

Joint Institute. First of Its Type

It was with this in mind that Prof. Arthur K.C. Li, vice-chancellor of the University, and Prof. Wang Sheng-hong, president of Fudan University, discussed how to set up research collaboration between the two universities when a delegation from Fudan visited CUHK in mid-2000. Their talks resulted in the establishment of a joint institute centred on policy and strategic research last January — the Shanghai-Hong Kong Development Institute. Headquartered at both Fudan University and The Chinese University, the Institute's CUHK office is located at the Hong Kong Institute of Asia-Pacific Studies (HKIAS) at the Esther Lee Building, which renders it administrative support. Prof. Yeung Yue-man, director of the HKIAS, and Prof. Lu Deming, dean of the School of Economics of Fudan University, are its joint directors.

In the face of globalization and rapid changes in the Chinese economy, the Institute will focus its efforts on examining the long-term development of Hong Kong and Shanghai. Its goal is to make concrete policy proposals to central and local governments as well as enterprises through strategic research, to promote innovative research in the two universities, and to develop into a think-tank organization. Industrial and community leaders from both places have been invited to join the Institute's Board of Management while its academic committee consists of senior academics with expertise in a wide range of areas. Prof. Yeung Yue-man pointed out that, though not neighbours geographically, Hong Kong and Shanghai have had an important influence on each other's socio-economic development over a long time in terms of manpower, capital, and technological exchange. Both maritime cities, they will grow in their own ways under the impact of globalization and localization, and to make the best of it, they should keep up their tradition of complementing each other.

The Institute's research will take four main directions, to be implemented in the coming four years. Each direction or area will be coordinated by a corresponding committee.

Impact of Accession to WTO

The first area of study is the impact of China's entry into the WTO on Hong Kong and Shanghai. The research will focus on the economic challenges and opportunities brought along by China's accession to the WTO, and all the trade, legal, and social implications for the two cities. It will be coordinated by Prof. Sang Yuen-wing and Prof. Tuan Chyau, and will involve the Department of Economics, the Faculty of Business Administration, and the Asia-Pacific Institute of Business.

The second study, on cultural development, to be conducted by staff of the University in Shanghai, will focus on the development of Shanghai and Hong Kong as sister cities. Shanghai has a long history and is one of the most important cities in China, while Hong Kong is considered Asia's major financial hub. This area of study will be coordinated by Prof. Yeung Yue-man of the HKIAS, and Prof. Tuan Chyau, and will involve the University's contributions to the topic to be largely theoretical and outside the classroom. A conference will be held in Fudan in 2004 on educational reforms in the two cities.

Shanghai — a city now being restored to its former sophistication and glamour as one of Asia's most important cities of the 1920s and 30s. Hong Kong — a city whose status as Asia's top financial, information, and transportation hub is now being challenged. In the face of globalization and the explosive growth of the Internet, these two maritime cities with China as their hinterland will have to reorient themselves in order to gain a strong foothold in the world arena.

The fourth study, on educational reforms, to be coordinated by Prof. Leslie Lo of the Hong Kong Institute of Educational Research, will involve ongoing research conducted by staff of the University in collaboration with educational organizations on the mainland. 'Hong Kong is still looking for an educational system that will serve the future generation better. Shanghai's educational reform is one of the most innovative in the entire country. It is also highly insightful,' remarked Prof. Yeung. He expects Fudan University's contribution to this topic to be largely theoretical and outside the classroom. A conference will be held in Fudan in 2004 on educational reforms in the two cities.

More Funds and Publicity Being Sought

The papers generated from the four conferences will be published in due course. Research findings will be released from time to time so that the governments of both places will be aware of them and take them into consideration when drawing up policies. Hence the research will have to be of good quality. 'You can only hope to be a think-tank. Governments will only find your research credible if it is very good and thorough,' Prof. Yeung pointed out.

The institute is diligently raising funds from different quarters, especially organizations related to Shanghai. To be totally 'above-party' and to maintain independence, it will not apply for financial support from the government. And to increase publicity, it will publish annual reports of its activities and ensure that its first conference in December opens with a bang, and not a whimper.
Information in this section can only be accessed with CWEM password.

若要瀏覽本部分的資料，
請輸入中大校園電子郵件密碼。

Service to the Community and International Organizations

• Prof. Yeung Yue-man, professor of geography, has been re-appointed by the Chief Executive of the HKSAR as chairman of the Land and Building Advisory Committee for two years from 1st April 2001.
• Prof. Helen Chiu, professor in the Department of Psychiatry, has been re-appointed by the Secretary for Health and Welfare as a medical member of the Mental Health Review Tribunal for two years from 15th April 2001.
• Prof. Lam Chiu-wa, associate professor in the Department of Psychiatry, has been appointed by the Secretary for Health and Welfare as a member of the Mental Health Review Tribunal for two years from 15th April 2001.
• Prof. Andrew Chan, professor in the Department of Marketing, has been re-appointed as a director of Hong Kong Mortgage Corporation Limited for one year from 1st April 2001.
• Dr. Colin Storey, University Librarian, has been elected as chairman of the Joint University Libraries Advisory Committee for one year from 1st April 2001.
• Prof. Tan Chee-beng, professor in the Department of Anthropology, has been appointed as an honorary adviser to the Museum of Quanzhou Overseas Chinese History from 22nd February 2001.
• Prof. Lo Lung-kwong, associate professor in the Theology Division, has been appointed as a visiting professor to the Andover Newton Theological School, USA, during the academic year 2001–2.

(Information in this section is provided by the Information and Public Relations Office. Contributions should be sent direct to that office for registration and verification before publication.)
The presentation of the Vice-Chancellor’s Exemplary Teaching Award 2000 will take place at 5.00 p.m. on 11th May in Lecture Theatre 1, Esther Lee Building. Prof. Arthur Leung will officiate at the ceremony. The seven recipients of the award are:

- Prof. K.C. Lo, Faculty of Arts
- Prof. Gordon Cheung Wai-hung, Faculty of Business Administration
- Prof. Patrick Lau Sai-yung, Faculty of Education
- Prof. John Leung Chi-shing, Faculty of Engineering
- Prof. Francis Chan Ka-leung, Faculty of Medicine
- Prof. Chu Ming-chung, Faculty of Science
- Dr. Kenneth Leung Wai-yin, Faculty of Social Science

The Vice-Chancellor will present a certificate and a ceremonial cheque to each recipient, congratulating them on their outstanding teaching achievements.

Applications/nominations are now invited from faculty members in the humanities and social sciences who are Ph.D. candidates in their own universities with the opportunity to do dissertation research at Harvard University. Preference will be given to scholars teaching in East Asian studies. The natural sciences and applied fields such as business management, library science, and the more practical aspects of law, etc. are excluded. The study or research should not lead to a degree. Candidates must be aged 42 or under on 1st August 2001, have been teaching for four years prior to the year for which they are applying, and speak fluent English.

The award covers round-trip airfare for the successful applicant, a monthly stipend for up to 11 months, fees for health insurance, and the use of the Harvard clinic.

For more information, see http://www.cuhk.edu.hk/personnel/res/ETF/ETF1/index.html.

Applications/nominations are now invited from faculty members in the humanities and social sciences for the following three Harvard-Yenching Programmes tenable in 2002–3:

1. Visiting Scholars Programme
2. Doctoral Scholarship Programme
3. Visiting Fellows Programme

For more information, see http://www.cuhk.edu.hk/personnel/res/ETF/ETF1/index.html.

Detailed programme information and application forms are obtainable from the following website of the Personnel Office (http://www.cuhk.edu.hk/personnel/res/training/ETPH/MID/index.html).

Nominees should submit a Summary of Submission (PO/SR3) (forms for which are obtainable from the above website), together with the completed application forms, requisite supporting documents and application for leave, and the endorsement of the department chairman/head and faculty dean concerned, to Mrs. Betty Lo, Personnel Manager, on or before 15th June 2001, for consideration by the Academic Staff Review Committee. After the University has submitted its nominations to the Harvard-Yenching Institute, the nominated applicants will be interviewed by a representative of the Institute in Hong Kong in the autumn of 2001. For enquires, please contact the Personnel Office (Ext. 719/7288).

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The University also provides a non-fee-charging bus service during the months of June, July, and August (except on Sundays and public holidays) for staff members who travel to and from work by train. To tie in with University working hours, the bus will run as per the following schedule from 1st June to 31st August this summer.

Up Route
Monday to Saturday at 8.30 a.m. and 8.40 a.m. (two trips per day)
Lingnan Stadium → University Sports Centre → Y.C. Liang Hall → Fung King Hey Building → United College → New Asia College

Down Route
Monday to Friday at 5.05 p.m. and 5.20 p.m. (two trips per day)
Saturday at 12.45 p.m. (one trip per day)
Enquiries can be directed to the Transport Unit (Ext. 7790 or 7792).
校方近年維修斜坡的目標是，著重安全之餘，亦盡量在斜坡上種植花草樹木，改善景觀，維持中大的綠色校園。

校園發展處土力工程師黃植禧表示，著重安全之外，亦盡量在斜坡上種植花草樹木，改善景觀，維持中大的綠色校園。

黃植禧表示，這是主要得力於政府鼓勵綠化工作，在批核斜坡維修工程和撥款時，會預留總額的百分之三左維修時，會預留總額的百分之三左右作綠化之用。

為了甚麼要綠化

大自然有自我修復的能力，斜坡塌下，過一段時間會由新的植被覆蓋。

綠化斜坡

黃植禧先生的專業是岩土工程，九七年十月加入中大服務，領導校園發展處的岩土工程小組，建立了校園斜坡的資料庫，並為斜坡編號和樹立危險斜坡警告牌。他發現校內三百多個斜坡之中，大部分於六、七十年代形成，傾斜角度陡峭，容易出現不穩定狀態，例如表土沖蝕等，並不符合當今的安全標準。除非斜坡地處荒蕪，否則必須做足鞏固工夫，才可避免人命傷亡。這方面的工作，專業工程師都能做得很好。但綠化則屬他們專業以外的知識範疇，要在原定的設計或負載力上加添植物的新元素，可能會影響斜坡的安全係數，也會超出原來的預算費用。

為甚麼要綠化

大自然有自我修復的能力，斜坡塌下，過一段時間會由新的植被覆蓋，泥土也再次給植物的根部抓緊起來。可是，隨著人口增長和都市化，人類的活動範圍擴展至山坡附近，甚或其上，開墾工程及人類活動在其上，開墾工程及人類活動使其变得高風險。

校方近年維修斜坡的目標是，著重安全之餘，亦盡量在斜坡上種植花草樹木，改善景觀，維持中大的綠色校園。重大安全風險，也展開斜坡綠化工作。

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吾繫學校吾繫班房展覽

建築學系上月二十一日舉行「吾繫學校一實驗場暨展覽」開幕典禮及「吾繫班房」設計比賽頒獎典禮，展出富啟發性、互動性和創意的夢幻校園設計實驗場，以及中小學生的「吾繫班房」參賽作品等。展覽假香港藝術中心五樓包氏畫廊舉行，展期至本月十二日。

「吾繫班房」中學組冠軍為聖公會李炳中學和嘉諾撒聖心書院，小學組冠軍為聖保羅男女(堅尼地道)小學和保良局莊啟程小學(圖)。

是項活動為建築學系「廿一世紀香港創新校設計指引」研究計劃的一部分，由教育署、香港建築師學會和香港藝術中心協辦，並獲優質教育基金贊助。

護理學系十周年步行籌款

護理學系與該系校友會於三月三十日在校園合辦步行籌款活動，籍以設立獎學基金，獎勵成績優異的護理學學生，周年紀念。

活動獲各方護理工作者熱心支持及慷慨捐助，暫已收到款項逾二萬元。護理學系系主任陳敏教授陪同有關羣眾，步行起點為大學廣場，經士林路及環迴路，以大學火車站為終點。參加者約一百人，均能於一小時內行畢全程，並獲發證書。

滬港發展聯合研究所

中大復旦攜手探索兩地暨國家的路向

本校和上海復旦大學於年初合作成立了滬港發展聯合研究所，就國家的經貿、文化、教育和區域發展進行政策研究，並為香港和上海在新世紀的發展提供策略性建議。

中大香港亞太研究所所長楊汝萬教授及復旦經濟學院院長陸德明教授出任新研究所的聯席所長。研究所在兩校設址，中大所址位於利黃瑤璧樓五樓，由香港亞太研究所提供行政支援。

合作緣由

楊汝萬教授透露，李國章校長去年趁復旦代表團來訪，跟復旦王生洪校長商談加強兩校合作研究事宜，結果成立了這個以政策及對策研究為核心工作的聯合研究所，成為中國高等敎育史上的創舉。在全球化趨勢及中國經濟急速轉變下，研究所將主力探索香港和上海的可持續發展，對滬港和國家的社會經濟發展作出前瞻性的建議。

楊汝萬教授指出，香港和上海雖非毗鄰，但關係既深且遠。雙方在人才、資金和技術上的交流，對彼此的社經發展都有深刻影響。港滬均是濱海城市，背靠不同的腹地，在全球化及區域化的浪潮下，各有發揮，並應致力延續兩方互補的傳統，加強溝通，為提高中國在國際社會的競爭力而緊密合作。

四大研究課題

楊教授表示，研究所的四大研究課題包括中國加入世界貿易組織、西部開發、文化發展、教育改革。各課題都設有專家組，由兩校各自匯集精英學者組成。中大已凝聚了校內四個相關研究所的骨幹，並會吸納本地和海外的專家學者。楊教授已於三月跟研究所在中大本部開會，釐定了工作目標和進度，各項研究已相繼開展。

「中國入世」由段樵教授和宋恩榮教授領導，研究主力來自亞太工商研究所和經濟學系，則從經濟發展入手，旁及其他受經濟發展帶動的環節，尤其貿易和法律方面。例如公開知識產權管理一直備受關注，甚至令一些外商暫延在國內投資，中國「入世」後若能落實遵守國際的規置，便可以吸引外國資金，香港也會從中得益。

「西部開發」是國家在一九九九年訂定的政策，是繼七八年改革開放後的另一重大發展方向。香港亞太研究所一直深入研究國內的改革成效，楊汝萬教授更在這方面的專家，在九十年代先後出版了多種專著，論述廣東、上海、福建的改革發展。他會與其他研究成員到西部地區考察，並擬援沿海省的發展經驗，提供一些策略性規置方向。

至於文化發展方面，楊教授說：「香港戰後的文化發展有創力，輻射面廣大，例如復旦在全球主要城市都可買到，個別甚至在郊區，十分不容易。」調查顯示，許多香港市民離開香港後，精神與香港保持聯繫固然有原因，更大原因是文化上的需要。香港在上海、北京、成都等城市設有文化活動，也是全球大都市之一，於實質上處於新世紀，現今更要亟速發展，加快追赶來。」

楊教授說：「在廿一世紀，影響中國發展的兩大元素為中國加入世界貿易組織，以及西部開發。中國加入世界貿易組織是國家發展的重要足跡，而西部開發則是國家經貿發展的重要部分。」

楊教授指出，香港和上海雖非毗鄰，但關係既深且遠。雙方在人才、資金和技術上的交流，對彼此的社會經濟發展都有深刻影響。港滬均是濱海城市，背靠不同的腹地，在全球化及區域化的浪潮下，各有發揮，並應致力延續兩方互補的傳統，加強溝通，為提高中國在國際社會的競爭力而緊密合作。

楊汝萬教授期望滬港發展聯合研究所能夠成為民間智囊組織，但如何達至呢？「這主要取決於研究成員是否投入，以及研究成果是否有分量。」除了專家組各自的小型會議外，研究所已決定按上列研究專題的次序，輪流在香港和上海舉辦相應的年度學術會議。首屆會議將於本年十二月在香港舉行，就中國加入世界貿易組織提出一些兩地發展的策略性建議。研究所又會出版周年活動報告和年度學術會議論文集；而中大負責的研究項目成果，將交由香港亞太研究所出版。研究所的理事將由港滬的政、商界領導出任，例如香港方面有立法會田北俊議員、行政會議成員兼香港工業總會主席唐英年議員、香港上海總會李和聲會長，以及聲寶一樂聲有限公司董事會主席兼浙江省政協常委李達三博士，可望加強與地方決策層的連繫。

但千里馬遇不上伯樂又如何？楊教授無奈地說：「我們身為學者，本分是做出研究成績來，繼後不宜做太多游説工夫，所謂『謀事在人，成事在天』。不過，我們會隆重舉行年杪的第一個大型會議，引起各方關注。」

為了保持超然地位，研究所沒有亦不打算申請政府的研究基金。所以，楊教授正忙於向各界(尤其跟上海有淵源的人士和組織)籌募經費，為這個中國高等敎育史的創舉尋覓贊助人。
楊振寧教授再轉贈獎章予中大

日前博文講座教授楊振寧教授將另一批彰顯他對物理學傑出貢獻的獎章贈予本校，包括他剛獲得的二零零一年費薩爾國王（King Faisal）國際科學獎。該獎項由沙特阿拉伯費薩爾國王國際基金成立，是現今獎金額最高的國際獎之一，具有崇高的地位。

楊教授與香港中文大學淵源深厚，一九九九年慨贈其手稿及獎章予本校，包括著名的諾貝爾獎。大學特成立「楊振寧檔案室」，藉以鼓勵年青學者積極從事科研工作，並為鑽研科史及科學發展的歷史學者提供珍貴的素材，以探究楊振寧教授在物理學研究的創見及心得。

第二次捐贈的獎章將令「楊振寧檔案室」的素材更為豐富，送贈儀式於上月十一日在祖堯堂舉行，由李國章校長代表校方接受楊教授的餽贈。

辯論隊祝捷會

辯論是本校學生的一項傳統活動，中大辯論隊差不多與大學同時建立，歷年來隊員團結而自我要求高，且練習頻密。一些已畢業十多年的舊生，也經常回母校協助培訓新隊員。

這種傳統及嚴格的訓練令中大辯論隊在本地與海外的賽事中屢獲奬譽。今年，中大辯論隊在兩大辯論賽及大專辯論賽中取得佳績，校方於四月六日在香港杭州107室舉行祝捷會，李國章校長更出席向學生道賀。

會上，辯論隊更即時以兩文三語辯論「中大校園應全面禁止吸煙」，盡顯他們的辯論技巧及語文能力。

香港中西詩人跨文化對話

聯合國將二零零一年定為「聯合國跨文化對話年」，旨在促進全球民族的互相包容、尊重和合作。在聯合國作家協會號召下，全球各大城市以「跨文化詩歌對話」為主題，展開連串文藝活動，重點為本年三月底在各大城市舉行的二百四十多場詩歌朗誦會。

香港的兩場詩歌朗誦會由中大翻譯研究中心與逸夫書院合辦，分別在香港太空館和逸夫書院大講堂舉行，觀眾人數依次為一百三十及一百四十五，而參與活動的詩人共三十位，其中之一中英、英文寫作的詩壇健將及後起之秀。是項活動不僅是香港與其他國際都市展開的「跨文化對話」，也是本地中文詩人與英語詩人之間的「跨文化對話」。

小學生對自我體形的看法

本校香港進食失調中心的調查發現，大部分小學生都受到傳媒的影響，以為苗條的人較漂亮，更受朋友歡迎。調查於二月以問卷形式進行，使用了三份問卷，分別用以量度小學生的減肥行為、傳媒的影響，以及小朋友的進食態度及行為；共收集了三百四十四名男生和二百六十八名女生的意見，他們都是小四至小六學生，平均年齡十點八歲。調查發現，雖然實際只有百分之五的受訪學生在醫學上屬於過重，但卻有逾四成受訪者希望自己能瘦一點，約兩成人覺得自己太胖，另有兩成人曾嘗試減肥。三成小學生則覺得若瘦一點便會更受朋友歡迎。

傳媒渲染「愈瘦愈好」的訊息，與此年齡組別的進食失調症發病率上升，有密切關係。調查發現，逾七成小學生認為身形苗條的人比身形偏胖者漂亮，兩成多更希望自己的身體看起來像時裝模特兒或電視藝員一樣。由於早發性的進食失調症會嚴重影響患者的身體發育、學業成績、社交生活，甚至可能導致死亡，有必要積極預防。